A silhouette of a person standing with their arms raised in a gesture of praise or joy. The background is a vibrant teal color with a pattern of light rays emanating from the top, creating a sense of divine light or inspiration. The overall mood is one of spiritual freedom and movement.

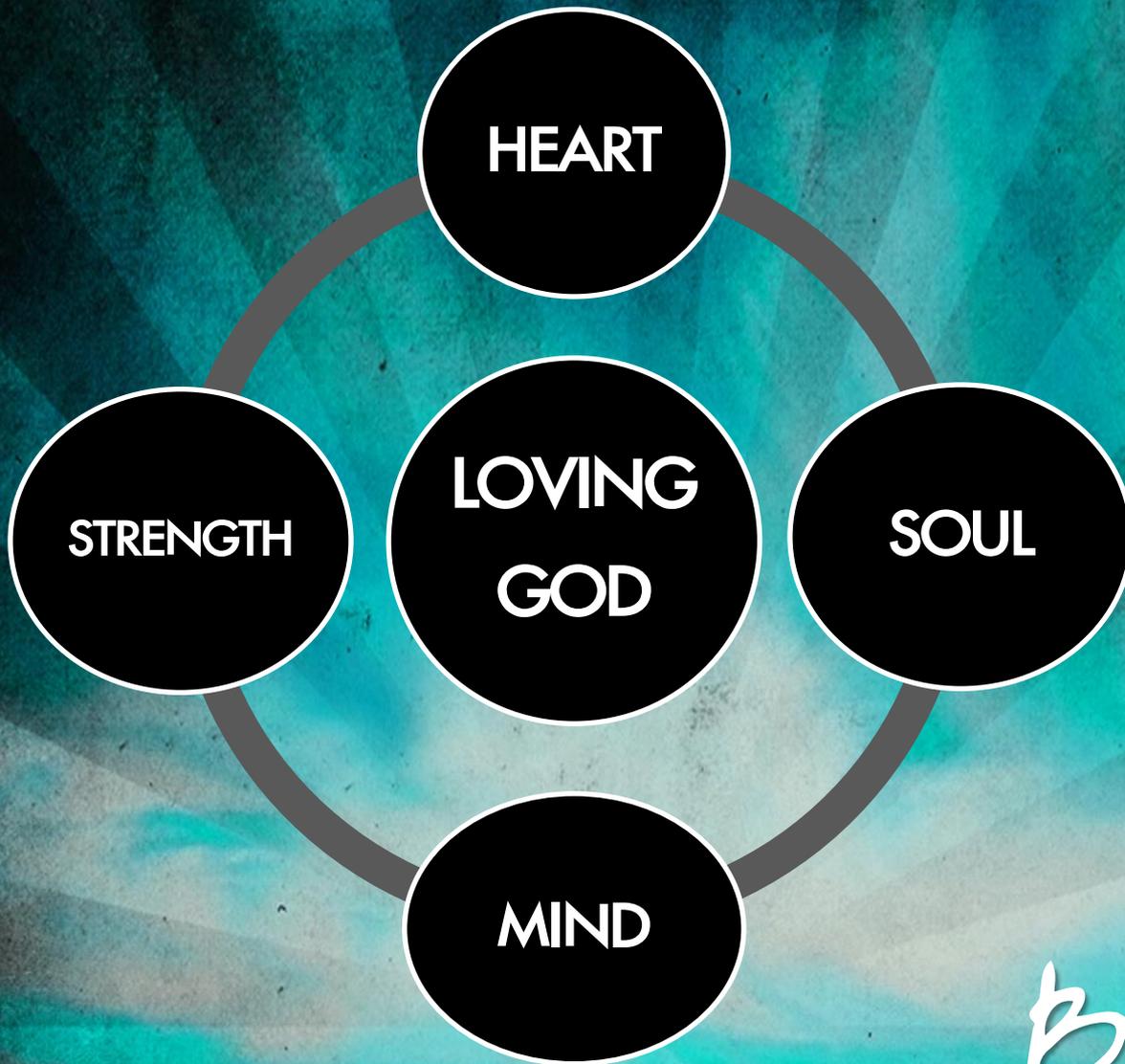
In Him We
Live and Move

Acts 17:28

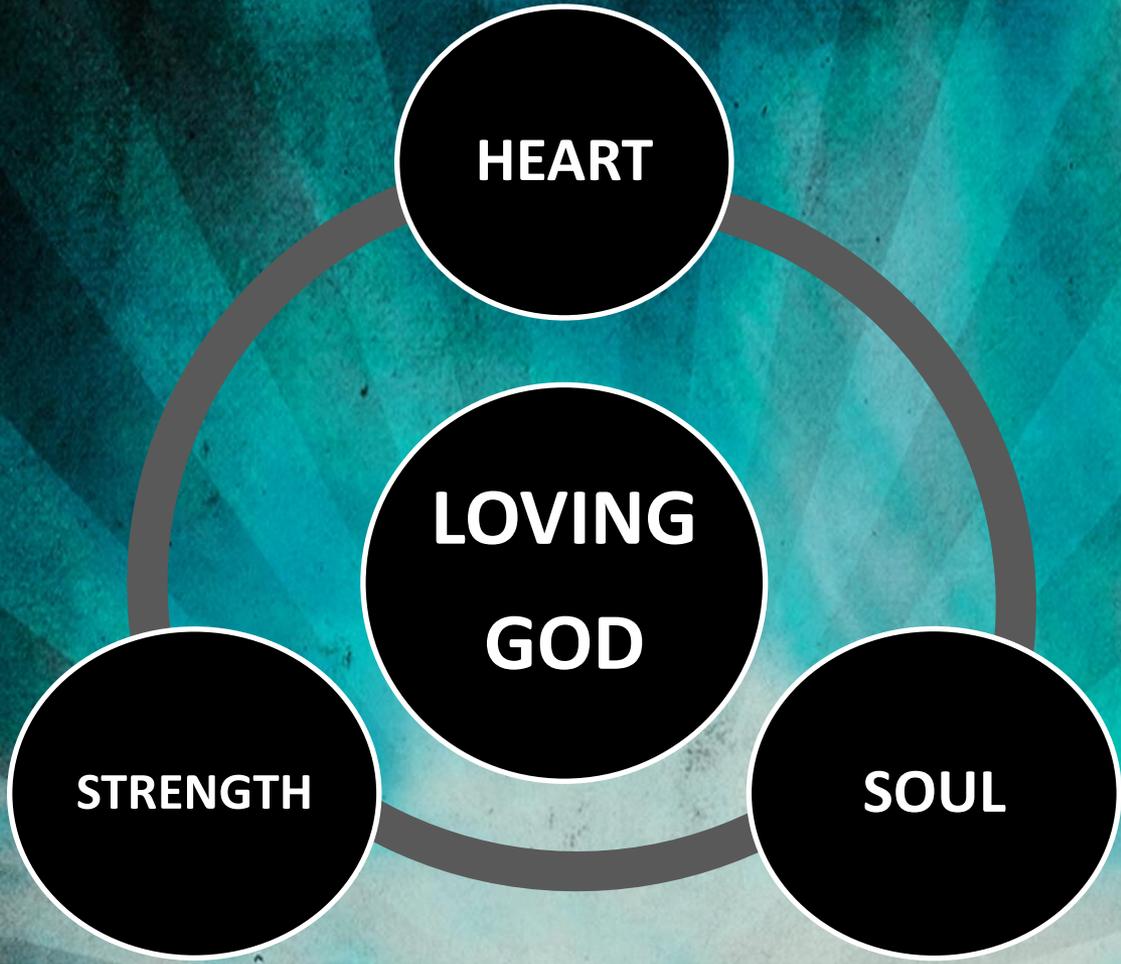
28 For in him we live and move and have our being.' As some of your own poets have said, 'We are his offspring.

Mark 12:30

³⁰ Love the Lord your God with all your heart
and with all your soul and with all your mind
and with all your strength.



Balanced



FLAT

Unbalanced



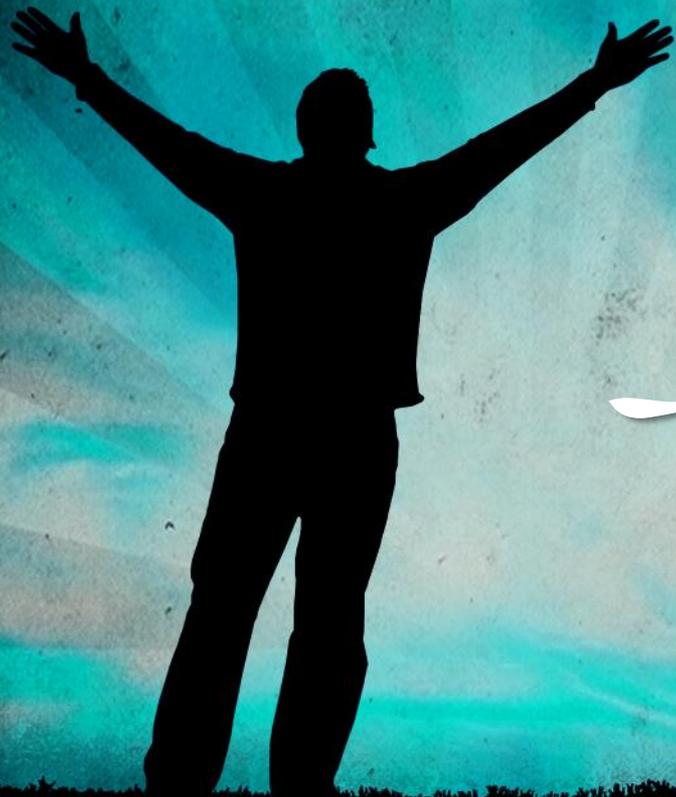
The Mind

Matthew 15:7-9

⁷ You hypocrites! Isaiah was right when he prophesied about you:

⁸ " 'These people honor me with their lips, but their hearts are far from me.

⁹ They worship me in vain; their teachings are merely human rules.' "



The Mind



The Heart

Colossians 3:1

¹ Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God.



The Heart



The Soul

Genesis 2:7

⁷ Then the LORD God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.

Ecclesiastes 12:7

⁷ And the dust returns to the ground it came from, and the spirit returns to God who gave it.



The Soul

Matthew 5:6

6 Blessed are those who hunger and thirst for righteousness, for they will be filled.

Acts 2:42-44

42 They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer.

43 Everyone was filled with awe at the many wonders and signs performed by the apostles.

44 All the believers were together and had everything in common.



The Soul



Strength

1 John 3:18

¹⁸ Dear children, let us not love with words or speech but with actions and in truth.



Strength

Revelation 2:2-4

² I know your deeds, your hard work and your perseverance. I know that you cannot tolerate wicked people, that you have tested those who claim to be apostles but are not, and have found them false.

³ You have persevered and have endured hardships for my name, and have not grown weary.

⁴ Yet I hold this against you: You have forsaken the love you had at first.



Strength



Are You Out
of Balance?

GOD BLESS YOU



**Have a
Great
Week**